

St Benedict's Parish Arcadia

To listen gladly to Holy reading.



COVID-19 RESTRICTIONS UPDATE From BISHOP ANTHONY RANDAZZO:

- Church/Chapel open from Monday 11th October for private prayer and visit to the Blessed Sacrament.
- Reconciliation/Confession by appointment only.
- No public Holy Masses until further notice.

Please contact Father Hilarion for the following:

**BAPTISMS
RECONCILIATION
FOR THE SICK
MARRIAGES
FUNERALS**

- Also contact Father Hilarion for any spiritual assistance or services.
- You can collect the Church key from the Monastery if needed.
- Month of October is Rosary month, you are encouraged to pray the Rosary in Church or at home.

Fr Hilarion: 0478 909 541

SUNDAY HOLY MASS PRAYER

Let us pray:

Almighty ever-living God,
grant that we may always conform our will to yours
and serve your majesty in sincerity of heart.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.

Amen.

Twenty-Ninth Sunday in Ordinary Time Year B

16 & 17 October 2021



A SPIRITUAL COMMUNION BY SAINT ALPHONSUS LIGUORI

*My Jesus, I believe that you are present in the most Blessed Sacrament. I love you above all things and I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, come at least spiritually into my heart. I embrace you already here, and unite myself wholly to you. Never permit me to be separated from you.
Amen.*

FR HILARION WRITES



Dear friends in Christ,

As we so excitedly wait to come together to celebrate the Holy Eucharist (Holy Mass), today's Gospel reminds us about a certain worldly mindset to be comfortable with ambition, achievement and self-promotion; "you are number one; nobody loves a loser; nice guys finish last".

In our faith journey Jesus invites us to take the path of service - giving the example of washing the smelly dirty feet of the disciples at the last supper (First Eucharistic celebration). The true greatness consists in self-sacrifice, in handing ourselves over for the sake of others. As an ordained priest or a baptised Christian it is important to think of the service demanded by the sacrament than the dignity of the sacrament.

Yes, we are empowered by the sacraments to go out and pour ourselves out for others. Our mission is not to be served, but to serve and to give our lives for the needy.
Amen.

Have a fruitful week with the Lord!

See you all, very soon in person!!

God's choicest blessings to you and all your loved ones!!!

Yours in Jesus,
Dom Hilarion OSB

First Reading**Isaiah 53:10-11 (JB)**

A reading from the prophet Isaiah

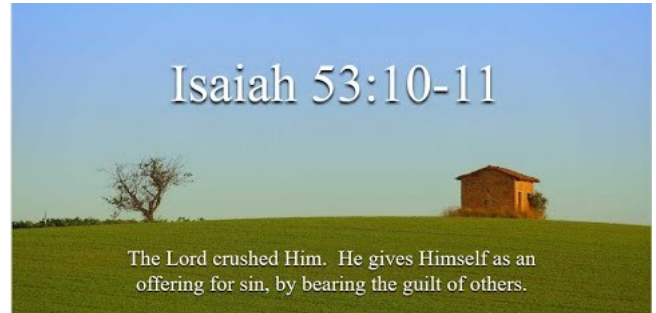
If he offers his life in atonement, he shall see his heirs and have long life.

The Lord has been pleased to crush his servant with suffering.
If he offers his life in atonement,
he shall see his heirs, he shall have a long life
and through him what the Lord wishes will be done.

His soul's anguish over
he shall see the light and be content.
By his sufferings shall my servant justify many,
taking their faults on himself.

The word of the Lord.

Thanks be to God.

**Second Reading****Hebrews 4:14-16 (JB)**

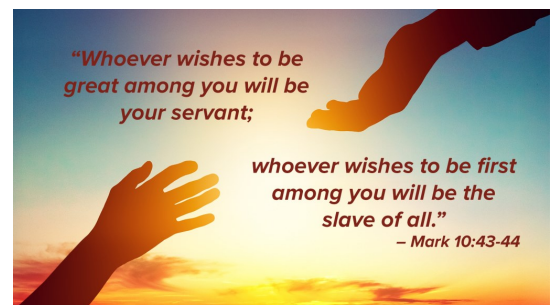
A reading from the letter to the Hebrews

Let us be confident in approaching the throne of grace.

Since in Jesus, the Son of God, we have the supreme high priest who has gone through to the highest heaven, we must never let go of the faith that we have professed. For it is not as if we had a high priest who was incapable of feeling our weaknesses with us; but we have one who has been tempted in every way that we are, though he is without sin. Let us be confident, then, in approaching the throne of grace, that we shall have mercy from him and find grace when we are in need of help.

The word of the Lord.

Thanks be to God.

**GOSPEL****Mark 10:35-45 (JB)**

A reading from the holy Gospel according to Mark

The Son of Man came to give his life as a ransom for all.

James and John, the sons of Zebedee, approached Jesus. 'Master,' they said to him 'we want you to do us a favour.' He said to them, 'What is it you want me to do for you?' They said to him, 'Allow us to sit one at your right hand and the other at your left in your glory.' 'You do not know what you are asking' Jesus said to them. 'Can you drink the cup that I must drink, or be baptised with the baptism with which I must be baptised?' They replied, 'We can.' Jesus said to them, 'The cup that I must drink you shall drink, and with the baptism with which I must be baptised you shall be baptised, but as for seats at my right hand or my left, these are not mine to grant; they belong to those to whom they have been allotted.'

When the other ten heard this they began to feel indignant with James and John, so Jesus called them to him and said to them, 'You know that among the pagans their so-called rulers lord it over them, and their great men make their authority felt. This is not to happen among you. No; anyone who wants to become great among you must be your servant, and anyone who wants to be first among you must be slave to all. For the Son of Man himself did not come to be served but to serve, and to give his life as a ransom for many.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

GOSPEL REFLECTION

Mark 10:35-45

T.S. Eliot once said, 'Most of the trouble in the world is caused by people wanting to be important.' This observation could undoubtedly be applied to James and John. Their thirst for ambition stirred up resentment and indignation among the disciples. Quite what was going on in their hearts is hard to figure out, it was not a particularly edifying kind of ambition.

We say 'particularly edifying' for—rather like pride—not all ambition is wrong. Parents are proud of their children; we can be proud of our work; we are proud to be associated with teams, events, or organisations. Such pride is human and understandable. It's the same with ambition, is it not?

However, the Scriptures are quick to point out that selfish ambition is sinful. Indeed, through the process of maturity and grace, James himself wrote many years later: 'If you have bitter jealousy and selfish ambition in your hearts, do not boast and be false to the truth...For where jealousy and selfish ambition exist, there will be disorder and every vile practice' (Jas. 3:15-16).

St Bernard of Clairvaux also condemned the vice in no uncertain terms: 'Ambition is the mother of hypocrisy and prefers to sulk in corners and dark places. It cannot endure the light of day. It is an unclean vice wallowing in the depths, always hidden, but ever with an eye to advancement.'

So there is no doubt that ambition of the kind displayed by the disciples was not noble or impressive. What then is the right kind of ambition? We are called to be ambitious to grow in holiness, and to be ambitious for the kingdom of God: for the spread of the Gospel and the growth of Christ's kingdom on earth.

'The only true riches are those that make us rich in virtue. Therefore, if you want to be rich, beloved, love true riches. If you aspire to the heights of real honour, strive to reach the kingdom of heaven. If you value rank and renown, hasten to be enrolled in the heavenly court of the angels.' (St Gregory the Great)

(From: Bible Alive UK) Daily Gospel reflection Pg.36).

LITURGICAL FEASTS AND EVENTS OF THE WEEK

Monday	18th October 2021:	St Luke, evangelist.
Tuesday	19th October 2021:	Sts John de Brebeuf and Isaac Jogues, priests, and companions, martyrs.
Friday	22nd October 2021:	St John Paul II, pope.
Saturday	23rd October 2021:	St John Capistrano, priest.

Source: Ordo 2021

Meditation of the Day

How to Live in the Light

Within the cross is life and consolation.
It alone is the road leading to heaven.

The Lord of heaven and earth is on the cross.
On it, too, delight in peace.
Though war may rage, it banishes all evil Dwelling here on earth.
It alone is the road leading to heaven.

From the cross the bride to her Beloved says
This is a precious palm upon which she has climbed,
Its fruit tasting like the God of paradise.
It alone is the road leading to heaven.

This sacred cross, an olive tree so dear,
With its oil anoints us giving us light.
My soul, take up this cross rich with consolations great.
It alone is the road leading to heaven.

This cross is the verdant tree desired by the bride.
In its cool shade now she is resting,
delighting in her Beloved, Heaven's King.
It alone is the road leading to heaven.

SAINT TERESA OF AVILA

Saint Teresa of Avila (1582), Doctor of the Church, reformed the Carmelite Order.

THE RULE OF ST BENEDICT

Chapter 4

Not to render cursing for cursing, but rather blessing.

PARISH FUNDS

Important Update

Change of Bank Details

THANK YOU to everyone who has supported the parish by helping out in the past few weeks. We really appreciate it.

With the suspension of Liturgies and Masses, our parish income has been severely affected, especially we have not had a fete for two years. Planned Giving, Donations and Electronic Transfers can keep us going during this difficult time. If you are in a position to do so, please consider maintaining your Planned Giving donations.

Your support as always is much appreciated. For those wanting to make payments directly to our bank account here are the details:

PLEASE NOTE NEW BANK DETAILS

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 100002141

**Name: Catholic Parish of Arcadia Bank:
CBA—Catholic Development Fund**

God bless you all!

ST VINNIES

This is the link to the **Vinnies Metropolitan Schools and Youth Term 4 2021 Newsletter:**

bit.ly/VinniesSchoolYouthNewsTerm42021

The 2021 edition of the **Mini Vinnies Formation Program (MVFP)** for students in Years 4 – 6 is available for those who wish to undertake Social Justice Formation in their own time. For more information please go to <https://bit.ly/VinniesMVFP>



ENGAGED ENCOUNTER WEEKEND

GOT YOUR WEDDING PLANS UNDER CONTROL? How prepared are you for marriage? Engaged Encounter provides you with deeper insights into each other and into married life. We give you a chance to spend time together to strengthen and enrich your relationship. For further information visit our web site:

www.engagedencounter.org.au

Choose any of the coming Weekends:

Nov 13-14 2021; Feb 19-20 2022



If COVID-19 restrictions prevent a face-to-face seminar, the CEE weekend will be held via Zoom.

ORDINATION ANNOUNCEMENT



The Diocese of Broken Bay joyfully announces the upcoming Ordination to the Holy Priesthood of:

- **Deacon Roger Delmonte**
- **Deacon Aldrin Valdehueza**
- **Deacon Samuel French**

The candidates will be ordained by Most Reverend Anthony Randazzo, Bishop of Broken Bay, on **Monday, October 18, 2021 at 11:30 am**, at Our Lady of the Rosary Cathedral Waitara.

PLEASE NOTE: Due to restrictions resulting from the current COVID-19 pandemic, the Ordination Mass will be live-streamed. All are invited to participate in the Mass via live-stream on our diocesan website: www.bbcatholic.org.au/ordination

Please keep Deacons Roger, Aldrin, and Sam in your prayers, as they enter into a six-day retreat on 11 October, in preparation for their Ordination to the Sacred Priesthood on the Feast of Saint Luke the Evangelist!

In Our Parish

We remember in our prayers, all our dearly beloved who have died

We pray for the sick of our Parish,
especially Brother Mario, and Theresa Gittany (Lila Bacha's mum).



FINANCIAL COUNSELLING & EMERGENCY RELIEF PROGRAMS

Throughout Australia, housing prices are on a sharp increase. Therefore, you'd think that Australia's economy is booming too, right? After all, property sales are driving housing costs up, so this means that people have the means to purchase new houses and cars. Yes? Unfortunately, this isn't always the case. Currently record numbers of Australians seeking emergency relief services and financial counselling. CatholicCare can help. This recent article provides more information: www.catholiccaredbb.org.au/news/financial-counselling-emergency-relief.

SACRAMENT OF CONFIRMATION 2021

- It is tentatively fixed on:
Saturday the 18th of December 2021 at 2pm
- The preparation day is on:
Saturday the 4th of December 2021
from 10am to 12pm.
- We request all the candidates and their parents to receive the Sacrament of Reconciliation/confession prior to the event.

For any information please contact:
Theresa Neely on 0447 425 077

TAIZÉ PILGRIMAGE OF TRUST

You are invited to join us on Zoom for a **Prayer for Creation using the Songs of Taizé on Friday 22 October 2021 at 7.00pm Sydney time.**

Brothers Ghislain and Matthew from the Taizé Community in France will be with us. Music led by Tricia Watts and friends.

The NSW Ecumenical Council is inviting you to a Taizé Prayer on Zoom: Join Zoom

<https://us02web.zoom.us/j/84219218097>

Meeting ID: 842 1921 8097

Enquiries:

The Rev. Paul Weaver:

psweaver@optusnet.com.au

The Rev. Dr Ray Williamson:

raymondkwilliamson@yahoo.com

AID TO THE CHURCH IN NEED AUSTRALIA

As we approach the month of Holy Souls, consider arranging Masses for your deceased loved ones and for the Holy Souls in Purgatory. For over fifty years, ACN has passed on the Mass offerings of the Catholic people, to poor priests, who have no other means of material support. In return, these priests offer Masses for the intentions of the donor. Each year, over 400,000 priests, ten per cent of the world's priests, are supported by 1.5 million Mass offerings. One hundred percent of every Mass offering is sent directly to the priest in need. To arrange your Masses visit: www.aidtochurch.org/Masses



Aid to the
Church in Need
ACN AUSTRALIA

ARE YOU CALLED TO SERVE AS A WITNESS TO YOUR FAITH?

If you have ever thought about becoming a catechist, now is a good time to respond and make an enquiry.

CCD is offering Zoom training in Term 4 to upskill new catechists and helpers to enable them to teach, or assist an experienced catechist, in one of our public schools in 2022.

Click on the link for more information or contact our Parish Catechist Coordinator:

Miriam Brown on 9652 0558.



Prayer For The Month Of October

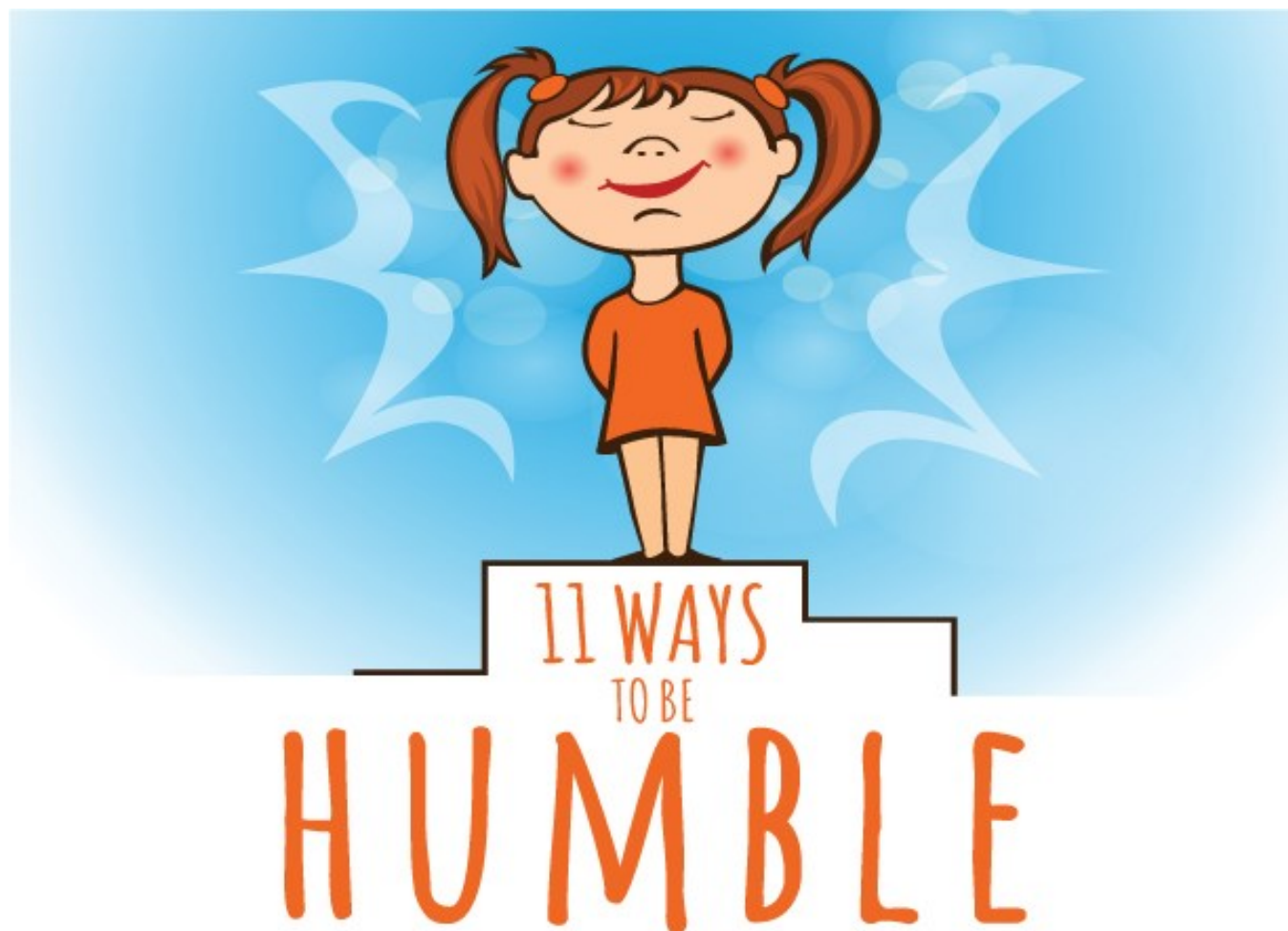
Heavenly and Blessed Father, we
welcome the new month of
October with great expectation
and hope.

Lord, it's difficult to find the
words to express my gratitude
for all the ways You have blessed
my life.

As I prepare for this new month,
I know that I cannot do it
without You. But Your love and
strength empower me.

Thank You for Your
unconditional love. I embrace
Your love and peace.

I will keep my eyes focused on
You. In Jesus name I pray,
Amen!



Get off your high horse. Treat everyone with dignity and respect. You may be successful, but that doesn't make you better than anyone else.

Earn trust and respect. Money or a title can't buy a person's trust or respect. You earn these through your words AND actions.

Stop feeding your ego. Don't isolate yourself from reality by building relationships with people who stroke your ego. Remember, surrounding yourself with "yes people" is just like talking to yourself.

Know your limitations. It's important to know what you know, and know what you don't know.

Listen up. Discover what others have to offer and ask for their opinions before offering yours. It shows that you value their opinions as well as their insight.

Compete against yourself. When you compete against others, it's easy to emphasize winning over self-improvement. However, when you compete against yourself, you both win.

Apologize for mistakes. You'll never learn anything or impress anyone by making excuses and diverting blame. And a little humility will remind you that you're human.

Remember your roots. Remember where you came from and what you've learned along the way.

Strive for excellence. When you become successful, don't become complacent. As soon as you take your eye off the ball, you risk losing your edge. Remember, success is a journey, not a destination.

Be modest. There's a difference between excitement and bragging. As John Wooden, the legendary basketball coach, said, "Talent is God-given. Be humble. Fame is man-given. Be grateful. Conceit is self-given. Be careful."

Share your success. You may be successful, but there's a good chance others helped you along the way. Find creative ways to share the credit and pull people up the ladder of success along with you.

SAINT OF THE WEEK

Saint Paul of the Cross, Priest

c. 1694—1775

Feast Day: October 20



Patron Saint of Ovada, Italy, and founder of the Passionists

After unsuccessfully living the life of a soldier, today's saint left the military to live a secluded life of prayer for over five years. But then in 1720, he received a vision instructing him to found a Congregation devoted to Christ's passion. In 1727 he was ordained a priest by the pope, along with his brother, and novices began to come to his new Congregation in greater numbers. Paul was not a frivolous man, though, and the Congregation's Rule was grueling. He and his brethren lived strict austerity, and their ministry focused on preaching the passion to the poor. The new priests did not socialize with people of means and lived as desperately poor as those they served. The effects of poverty encompass more than economic deprivation. Poverty means lack of privacy, bed bugs, rotten teeth, soft apples, little rest, flea-infested clothes, open wounds, infection, putrid water, cold nights, going to bed hungry, violent fights over a handful of coins, lack of hope, and bitterness at one's own miserable plight. The deep resentment poverty can engender powers the poor man's emotions over the cliffs of envy and hate.

Living radical poverty, and experiencing life among the poor and their emotional plight, was too much for some of Father Paul's novices. Rigors such as this were for the few, and many novices abandoned ship. But enough hardy and faithful men remained to enable the new Congregation to succeed. Provisional church approval came in the 1740s on the condition that the Congregation ameliorate its tough-as-nails Rule. Full papal approval for the Congregation came slowly, in 1769. The Congregation's members were known as the Discalced Clerks of the Most Holy Cross and Passion of Our Lord Jesus Christ. They were more simply known as Passionists. All Passionists took a special fourth vow to preach Christ's passion so that it never faded from the faithful's memory. The Passionists' black habits bore the distinctive badge of their brotherhood—a heart emblazoned with the words JESU XPI PASSIO mounted by a white cross with instruments of Christ's crucifixion displayed below.

Saint Paul of the Cross was so united to the passion that it was said that his heart pulsed more quickly on Fridays. He was a powerful preacher, and both he and the Passionist fathers in general became known as expert retreat masters, confessors, and directors of parish missions. Paul's heart melted with love for Christ his entire life. He spent hours in adoration of the Blessed Sacrament, never failed to subjugate his body with mortifications and austerities, and was insistent about living radical poverty. Paul seemed to experience a type of spiritual "runner's high," something common to many saints known more for their ardor than their originality. As Paul fasted and prayed and lived poverty, it became easier and more joyful for him to fast and pray and live poverty. His virtues gained steam as he rolled through life and as his body sunk deeper and deeper into the person of Christ.

Paul also founded a Congregation of contemplative nuns devoted to the passion. The Passionists remained a relatively small order until they spread beyond Italy in the mid-1800s, including to England, a country which Paul always intended to bring back to the Church. Providentially, it was a Passionist priest, Blessed Dominic Barberi, who received the great Englishman Saint John Henry Newman into the Catholic Church. Saint Paul of the Cross' legacy is his Congregation more than his few published works. He even developed a reputation as a miracle worker and healer in his old age. He was raised to the altars in 1867.

Saint Paul of the Cross, you lived an exemplary life of poverty, obedience, prayer, and mortification throughout your span of many years. May your followers remain faithful to your charism, and may all priests see in you an example of holiness. Amen.

For we CANNOT KEEP FROM SPEAKING about what we have SEEN & HEARD

ACTS 4:20

Next week Catholic Mission will invite you to partner with Sister Chalaad and the Good Shepherd Sisters in Thailand as they reach out to vulnerable mothers, like Churai*, and their babies, who would have nowhere to turn when they need support, love and kindness the most.

Next week you will have the opportunity to respond to what you have seen and heard, and the Home, as well as other vital mission programs supporting children and communities in need around the world.

Please come with an open and generous heart.

*Name and images altered to protect identity



Freecall: 1800 257 296
catholicmission.org.au/thailand



POPE FRANCIS' INTENTIONS FOR OCTOBER 2021

Missionary Disciples

We pray that every baptised person may be engaged in evangelisation, available to the mission, by being witnesses of a life that has the flavour of the Gospel.
AMEN.



COVID 19 RESTRICTIONS—ALL MASSES SUSPENDED UNTIL FURTHER NOTICE see front page.

PLEASE WEAR MASKS.

Please use QR CODE or write your name and phone number on the sheets provided at both entries.

Please adhere to social distancing guidelines of 4sqms and sanitise your hands at the door.

Also wipe seats down afterwards with wipes provided at both entries.

**IF YOU ARE NOT WELL OR EXPERIENCING FLU-LIKE SYMPTOMS,
PLEASE STAY HOME, ISOLATE AND GET TESTED.**

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help.

These people in our parish can help: Fr Hilarion 0478 909 541, Lorraine Dailey 0416 081 882, Office for Safeguarding 83791605.

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

Office Hours: Currently Fridays 3pm to 6pm

Website: www.bbcatholic.org.au/arcadia

Parish Office: 9653 2312

Facebook: stbenedictsarcadia

Parish Priest: Fr. Hilarion Fernando OSB

Address: 2 Fagans Road,
Arcadia NSW 2159

After hours: 0478 909 541

Email: arcadia.parish@bigpond.com

Monastery: 9653 1159

Postal address: 121 Arcadia Rd, Arcadia NSW 2159

Bank Details for ONLINE only donations:

BSB: 062 784

Acct: 100002141 (NEW BANK DETAILS)

Name: Catholic Parish of Arcadia Bank:

CBA—Catholic Development Fund

**For all parish Occupational Health & Safety and
Safeguarding Children matters**

Contact: Lorraine Dailey on 0416 081 882.